

SEATTLE PHYSICAL THERAPY CONTACT LIST



Organization	Phone Number	Fax Number	Address
WALLINGFORD			
Union PT	206.588.0855	206.588.0397	2214 N 56th St, Seattle, WA 98103
BioJunction PT	206.829.8269	206.829.8594	4005 Wallingford Ave N Seattle, WA 98103
IRG	206.752.6837	206.701.3398	1815 N 45th St, Ste 202, Seattle, WA 98103
Holistic Orthopedics	206.604.4707	206.367.9203	2205 N 45th St, Seattle, WA 98103
UNIVERSITY DISTRICT			
RET-University Physical Therapy	206.347.0414	206.502.1010	906 NE 45th St Seattle, WA 98105
ATI PT	206.545.7844	206.545.7843	1107 NE 45th St, #100, Seattle, WA 98105
ProFormance Rehab	206.322.2842	206.322.6232	2815 Eastlake Ave E, Ste 170, Seattle, WA 98102
RAVENNA - LAURELHURST			
Greenwood PT	206.388.2549	206.829.4352	3290 NE 65th St, Unit #101 Seattle, WA 98115
Seattle Rehab Specialists (formerly Rehab United)	206.524.4977	206.524.4340	6108 Roosevelt Way NE, Seattle, WA 98115
Mobilize PT	206.402.5483	206.299.0962	3515 NE 45th St, Seattle, WA 98105
Bespoke PT	206.466.1918	206.588.2794	5000 30th Ave NE, Seattle, WA 98105
GREENLAKE			
Select PT	206.985.2236	206.985.2248	7900 East Green Lake Dr N, Ste 204, Seattle, WA 98103
GREENWOOD			
Greenwood PT	206.782.5789	206.782.5794	8750 Greenwood Ave N, Ste S-1, Seattle, WA 98103
IRG Greenwood	206.900.8883	206.962.3792	514 N. 85th St, Seattle, WA 98103
IRG North Seattle	206.420.0221	206.420.0227	3242 Aurora Ave N, #103, Seattle, WA 98133
FREMONT			
MTI Fremont	206.548.1522	425.746.2471	3601 Fremont Ave N, #210, Seattle, WA 98103
Experience Momentum	206.309.3966	425.776.0813	1100 N 35th St, Seattle, WA 98103
IRG PT - Sports Institute	206.206.1367	206.206.1365	1109 N 36th St, Seattle, WA 98103

Organization	Phone Number	Fax Number	Address
Stride Physio	206.547.7445	206.913.2486	100 NE Northlake Way, #200b, Seattle, WA 98105
Alpine PT	206.284.2396	206.547.9286	3800 Woodland Park Ave, N #100, Seattle, WA 98103
BALLARD			
Therapeutic Associates-Ballard	206.789.7975	206.782.6177	5603 24 th Ave NW, Seattle, WA 98107
Upward PT	206.580.3670	206.312.8791	928 NW Leary Way, Ste 204, Seattle, WA 98107
Therapydia Ballard	206.735.4414	206.735.3166	1500 NW 63rd St, Seattle, WA 98107
Salmon Bay PT	206.284.9088	206.789.8873	1455 NW Leary Way, Ste 150, Seattle, WA 98107
Salmon Bay PT	206.284.9088	206.789.8873	6500 6th Ave NW, Seattle, WA 98117
BioSports NW	206.245.5131	206.466.5458	8010 15th Ave NW Seattle, WA 98117
IRG Ballard	206.706.0063	206.508.1265	2821 NW Market St E, Seattle, WA 98107
ATI Ballard	206.573.5498	206.309.9189	1570 W Armonry Way Ste 103, Seattle, WA 98119
MAGNOLIA			
Magnolia Physical Therapy	206.660.1218	206.494.7676	2560 32nd Ave W, Seattle, WA 98199
MTI Magnolia	206.281.7970	425.746.2471	3200 W McGraw St, Seattle, WA 98199
QUEEN ANNE			
GoPT	206.596.2525	206.624.7606	101 Nickerson St, Ste 130, Seattle, WA 98109
Therapeutic Associates-Queen Anne	206.352.0105	206.352.0106	100 W Harrison St, #160, Seattle, WA 98119
Therapydia Queen Anne	206.895.7535	206.895.4607	508 1st Ave N Seattle, WA 98109
SOUTH LAKE UNION			
GoPT	206.624.7602	206.624.7606	201 Yale Ave N, Seattle, WA 98109
Innova PT	425.658.4980	425.658.4977	1700 Westlake Ave N, Ste 400, Seattle WA 98109
Forefront PT	206.279.2870	206.279.2872	311 Terry Ave N, Seattle, WA 98109
RET PT South Lake Union	206.486.3344	206.832.4733	1000 Dexter Ave N, Ste 320, Seattle, WA 98109
FIRST HILL			
Bespoke PT	206.466.1918	206.588.2794	1124 Columbia St, Ste P100, Seattle, WA 98104
MTI First Hill	206.430.6262	425.746.2471	506 12th Ave, Seattle, WA 98122
ATI	206.386.5600	206.386.5444	1300 Madison St, Seattle, WA 98104
ATI		206.447.1592	901 Boren Ave, Ste 410, Seattle, WA 9814
BELLTOWN – DOWNTOWN			
Avant Physical Therapy	206.686.4073	206.260.4565	2901 3rd Ave, Ste 350, Seattle, WA 98121
HiDef Seattle Sports & Physical Therapy	206.693.9929	206.922.8909	2211 5th Ave, Seattle, WA 98121

Organization	Phone Number	Fax Number	Address
IRG-WAC	206.539.2414	206.614.0362	1325 6th Ave, Seattle, WA 98101
Therapeutic Associates	206.623.4570	206.623.4574	600 Stewart St, Ste 1116, Seattle, WA 98101
Footworks PT	206.632.4578	206.299.0431	303 Occidental Ave S. Seattle, WA 98104
MADISON VALLEY			
RunPT	206.465.5650	206.257.5562	106 Lakeside Ave, Seattle, WA 98122
Therapeutic Associates	206.324.5389	206.324.5391	3121 E Madison St, #201, Seattle, WA 98112
COLUMBIA CITY			
Renew PT	206.535.8061	206.535.8064	5620 Rainier Ave S, Ste 102, Seattle, WA 98118
Biojunction Sports Therapy	206.327.9907	206.327.9928	4689 Martin Luther King Jr Way S, Ste 2, Seattle, WA 98108
WEST SEATTLE			
Lake Washington PT	206.906.9207	206.906.9369	1309 Harbor Ave SW Ste A, Seattle, WA 98116
Biojunction Sports Therapy	206-938-0860	206.938.0866	3727 California Avenue SW, Suite 1A, Seattle, WA 98116
Therapeutic Associates	206.932.8363		4532 42nd Ave SW, Suite 101, Seattle, WA 98116
ATI	425.981.5548	206.928.8548	4701 41st Ave SW, Ste 100, Seattle, WA 98116
HiDef Physical Therapy	206.693-9929	206.922-8909	2222 California Ave SW, Seattle, WA 98116
NORTHGATE			
RET Physical Therapy	206.486.3337	206.502.1027	10564 5th Ave NE, #302, Seattle, WA 98125
PT Solutions (f. Real Rehab)	206-706-7500	206-706-7890	9725 3 rd Ave NE, Ste 100, Seattle, WA 98115
Greenwood PT	206-706-7500		925 N. 130 th Street, Seattle, WA 98133
PT Solutions	206-686-2633	206-405-4376	301 NE 100 th Street, Seattle, WA 98125
LAKE CITY			
Greenwood PT	206.736.5880	206.838.1503	3225 NE 125th St, Seattle, WA 98125
Action Reaction PT	206.523.6826	206.523.6831	2611 NE 125th St, Ste 90, Seattle, WA 98125
Therapeutic Associates	206.361.4745		2611 NE 125th St, Ste 140, Seattle WA 98125
SHORELINE			
Therapeutic Associates	206.333.4047		19500 Ballinger Way NE, Ste 110, Shoreline WA 98155
Motus PT	206-801-7546	206-801-7547	20109 Aurora Ave. N. Ste 105, Shoreline, WA 98133
Mobilize PT	425-582-8845	425-494-4838	23511 56 th Ave W. Ste 102, Mountlake Terrace, WA 98043
EDMONDS			
IRG Physical Therapy & Hand Therapy	425.774.3226	425.670.1406	7315 212th St, Ste 104, Edmonds, WA 98026
MTI PT	425.582.8851	425.746.2471	21616 76th Avenue W, Ste 102, Edmonds, WA 98026
LYNNWOOD			
Experience Momentum	425.776.0803	425.776.0813	4030 Alderwood Mall Blvd, Lynnwood, WA 98036
Impact PT	425.778.2325	425.778.7692	4300 198th St SW, Lynnwood, WA 98036
ATI	425.582.5902	425.412.2980	3105 Alderwood Mall Blvd, Ste H, Lynnwood, WA 98036
Phillips Rehab and Performance	425-405-0434		14926 35th Ave W #200, Lynnwood, WA 98087
Therapeutic Associates	425-748-8820		18910 28 th Ave W. Ste 106, Lynnwood, WA 98036
Hands for Living	425-368-7943	425-368-5236	19221 36 th Ave. W Ste 213, Lynnwood, WA 98036
Everett			
Engineered Sports	425.512.8695	425.512.8697	2205 Wall St, Everett, WA 98201

PNW PT	425.255-5865	425.948.6643	10821 19th Ave SE, Ste 102, Everett, WA 98208
IRG Pacific Hand Therapy	425.374.2846	425.374.3272	3732 Colby Ave, Everett, WA 98201

RENTON

Athletic Potential Performance PT	636-208-7866		23211 66th Ave S, Kent, WA 98032
HiDef Physical Therapy	206-693-9929	206-922-8909	332 Burnett Ave S, Renton, WA 98057
Renew PT	425- 207-3505		3900 E Valley Rd Suite 103, Renton, WA 98057

KIRKLAND

Lake Washington PT	425-629-3502	425-629-3517	209 Kirkland Ave, Kirkland, WA 98033
ATI PT	425-820-0869	425-412-8211	11620 97th Ln NE, Kirkland, WA 98034

MERCER ISLAND

G4 Athlete	206-518-9405	819-0086 2737	77th Ave SE #214, Mercer Island, WA 98040
RET PT	206-232-9045	206-232-9045	7900 SE 28th St Suite 102, Mercer Island, WA 98040
ATI PT	206-230-8320		7650 SE 27th St #112, Mercer Island, WA 98040
PT Solutions	206-504-3165		3035 Island Crest Way Suite 102, Mercer Island 98040

BELLEVUE

HiDef PT	425-629-9997		13112 NE 20th St #400 Bellevue WA 98005
MTI PT	425-746-2475	425-746-2471	1560 140th Ave NE, Ste. 100 Bellevue, WA 98005
RET PT	425-502-7081		1299 156th Ave NE Suite 125 Bellevue, WA 98007
IRG Physical & Hand Therapy	425-827-5877	425-827-5843	1200 112th Ave NE Suite C-186, Bellevue, WA 98004
ATI PT	425-289-0381	425-289-0387	112th Ave NE Ste E175, Bldg 4, Bellevue, WA 98004

***Updated October 2025**



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Wallingford Office | (206) 633-8100

Seattle Orthopedic Center | 2409 N 45th Street | Seattle, WA 98103

